

VALSE FRAPPE
(Switzerland)

A couple dance from the French part of Switzerland.

Music: Record: 7E G8784

Formation: Cpls face CCW, M on L side of W. Start each figure with outside ft.

PART I

3 slow walking steps fwd, face ptr and clap hands twice. Repeat walking part and claps, three times.

PART II

Holding inside hands, 16 waltz steps fwd, swinging the joined hands fwd and bwd to shoulder height. (Note: in waltz step ft pass each other on second and third beats as in triple run.

PART III

Cpls join in closed grasp, ^{2 hands} 16 waltz steps turning, moving round the room as in an old-time waltz.

Repeat from the beginning.

Presented by Carmen Irminger
and Rosemarie Rath

* * *

LA RONDE DU JORAT
(Switzerland)

Music: Record: SEVZ 561

Formation: Cpls in a circle, all joining hands.

Measures	Pattern
<u>1-8</u>	<u>4</u> times heel, toe, step together step (with hops), moving CW, starting L. Release hands. Ptrs face each other doing a figure 8 as follows:
9-10	Hook R elbows with ptr, 1 turn with 4 hops CW, beg L.
11-12	Hook L elbows with corner, 1 turn with 4 hops CCW.
13-15	R elbows with orig ptr, 1 1/2 turn with 6 hops CW, changing places at the end.
16	Doing 1 hop (L) closing R ft (M with 1/2 turn CW). Now all M are one place further.

Presented by Carmen Irminger
and Rosemarie Rath.